

Personal Biography

Mary Vozar, MSN, RN, CIMI, FCP



As the owner of Women's Health for Life and certified medical professional, Mary offers women specialized healthcare solutions. She is a Registered Nurse with a Master of Science in Nursing, a Certified Infant Massage Instructor and is trained in Fertility Care™. Currently, Mary is the liaison for, and an active member of, the Clarksville Catholic Medical Guild.

Mary is a military spouse and has dedicated her life to her family and to the health and happiness of others. She and her husband have been married for 35 years, have two children and four grandchildren. Mary has always advocated for an organic, holistic lifestyle for herself and her family ... bringing mind, body and spirit into balance every day.

Now, Mary is sharing that philosophy with her patients. While in nursing school, she realized that her interest in healing patients was really about providing them life-long solutions. Her passions

for nursing and natural living led her to practice Holistic Nursing.

Her professional services include thorough individual patient assessments, individualized patient care plans, education and support, patient case management, evaluation and solutions to challenging medical problems. This includes a series of programs that teach women how to monitor and maintain their well-being holistically. She uses NaProEDUCATION™ (Natural, Procreative Education) to educate, manage and counsel women about their health issues throughout their life ... offering all of her patients Natural. Holistic. Solutions.

Professional History

Owner, Women's Health for Life

Clarksville, Tennessee

Current

New Parent Support Program, Mid-West Regional Manager

Strategic Resources, Inc., McLean, Virginia

October 2010 - June 2012

New Parent Support Program, Home Visitor

Strategic Resources, Inc., Fort Campbell, Kentucky

August 2008 - October 2010

Nursing Instructor

Hopkinsville Community College, Hopkinsville Kentucky

August 2007 - May 2008

School Nurse

Department of Defense School System, Wassom Middle School
 Fort Campbell, Kentucky

October 1996 - May 2006

Nurse Educator

Miller Motte Technical College, Clarksville, Tennessee,

2005-2006

Education

Master of Science in Nursing (Women's Health Nurse Practitioner)

Frontier Nursing University, Hyden KY

Current

Master of Science in Nursing

University of Phoenix, Phoenix, Arizona

2002

Bachelor of Science in Nursing

Austin Peay University, Clarksville, Tennessee

1994



Personal Biography

Mary Vozar, MSN, RN, CIMI, FCP

Continuing Education

Creighton Fertility Care Training (Part 2)	November 2013
Creighton Fertility Care Training (Part 1)	October 2012
American Heart Association BLS, Heartsaver update	2014
Ovulation Method Training	2011
Mindfulness Training	2011
Helping Children Cope: Decreasing Anxiety in Traumatized Children	2010
Strengthening Families	2010
Child Suicide: When They See No Other Way Out	2010
Doctor Dad Certificate	2010
Home Visitation Models	2010
U.S. Army Care Team Training	2009
Infant Stress: Helping Parents and Babies Cope	2008
Faculty: A New Role - Online Course	2008
CTNE Conference (Creative Teaching in Nursing Education)	2008
Learning Outcomes	2007
Ways to Improve Teaching	2007
	2007

Certifications/Additional Educational Accomplishments

FertilityCare Practitioner	February 2014
Certified Infant Massage Instructor	2008-Present
American Heart Association BLS Instructor	2006-2013
Ovulation Method Certification	2012
Third Degree Reiki Master Practitioner	2006
Leukemia & Lymphoma Society: School & Youth Program	
Mandy Moore Special Achievement Award	2005
Certificate of Appreciation Award: Katrina Relief	2005
Level One Healing Touch Certification	2002

Honors

American Holistic Nurses Association	2007-Present
Immaculate Conception Church Medical Guild Association Liaison	2009-Present
160th SOAR (A) Special Operations Volunteer of Month	2009